

, 08-09.02.2024 .

21			, 400m			2013						
09.02.2024 - 9:15												
: FINA 2024												
			/			R.T.			FINA			
2010												
1.			2002			4:34.63			629			
	50m:	31.24	31.24	150m:	1:42.49	35.83	250m:	2:53.13	34.54	350m:	4:02.02	34.07
	100m:	1:06.66	35.42	200m:	2:18.59	36.10	300m:	3:27.95	34.82	400m:	4:34.63	32.61
2.			2006			4:49.11			539			
	50m:	32.58	32.58	150m:	1:46.90	37.64	250m:	3:00.92	36.82	350m:	4:13.65	35.87
	100m:	1:09.26	36.68	200m:	2:24.10	37.20	300m:	3:37.78	36.86	400m:	4:49.11	35.46
3.			2010			4:52.25			522			
	50m:	32.99	32.99	150m:	1:47.10	37.36	250m:	3:01.54	37.10	350m:	4:16.97	37.88
	100m:	1:09.74	36.75	200m:	2:24.44	37.34	300m:	3:39.09	37.55	400m:	4:52.25	35.28
4.			2010			4:55.56			505			
	50m:	33.11	33.11	150m:	1:47.69	37.66	250m:	3:04.00	38.57	350m:	4:19.70	37.83
	100m:	1:10.03	36.92	200m:	2:25.43	37.74	300m:	3:41.87	37.87	400m:	4:55.56	35.86
5.			2009			4:56.54			500			
	50m:	33.77	33.77	150m:	1:47.86	37.18	250m:	3:03.07	37.70	350m:	4:19.75	38.34
	100m:	1:10.68	36.91	200m:	2:25.37	37.51	300m:	3:41.41	38.34	400m:	4:56.54	36.79
6.			2010			5:17.65			406			
7.			2010			5:18.45			403			
8.			2009			5:21.89			391			
	50m:	36.33	36.33	150m:	1:58.03	41.61	250m:	3:21.40	42.02	350m:	4:44.12	41.26
	100m:	1:16.42	40.09	200m:	2:39.38	41.35	300m:	4:02.86	41.46	400m:	5:21.89	37.77
9.			2010			5:23.85			383			
10.			2008			5:28.99			366			
	50m:	36.52	36.52	150m:	1:58.31	41.60	250m:	3:22.61	42.40	350m:	4:48.43	42.52
	100m:	1:16.71	40.19	200m:	2:40.21	41.90	300m:	4:05.91	43.30	400m:	5:28.99	40.56
11.			2010			5:31.92			356			
	50m:	36.00	36.00	150m:	1:56.64	41.62	250m:	3:21.30	42.92	350m:	4:49.62	43.83
	100m:	1:15.02	39.02	200m:	2:38.38	41.74	300m:	4:05.79	44.49	400m:	5:31.92	42.30
12.			2008			5:37.64			338			
13.			2010			5:39.68			332			
	50m:	37.09	37.09	150m:	2:02.78	43.72	250m:	3:31.32	43.86	350m:	4:58.63	43.68
	100m:	1:19.06	41.97	200m:	2:47.46	44.68	300m:	4:14.95	43.63	400m:	5:39.68	41.05
2009 - 2010												
1.			2010			4:52.25			522			
	50m:	32.99	32.99	150m:	1:47.10	37.36	250m:	3:01.54	37.10	350m:	4:16.97	37.88
	100m:	1:09.74	36.75	200m:	2:24.44	37.34	300m:	3:39.09	37.55	400m:	4:52.25	35.28
2.			2010			4:55.56			505			
	50m:	33.11	33.11	150m:	1:47.69	37.66	250m:	3:04.00	38.57	350m:	4:19.70	37.83
	100m:	1:10.03	36.92	200m:	2:25.43	37.74	300m:	3:41.87	37.87	400m:	4:55.56	35.86
3.			2009			4:56.54			500			
	50m:	33.77	33.77	150m:	1:47.86	37.18	250m:	3:03.07	37.70	350m:	4:19.75	38.34
	100m:	1:10.68	36.91	200m:	2:25.37	37.51	300m:	3:41.41	38.34	400m:	4:56.54	36.79
4.			2010			5:17.65			406			
5.			2010			5:18.45			403			
6.			2009			5:21.89			391			
	50m:	36.33	36.33	150m:	1:58.03	41.61	250m:	3:21.40	42.02	350m:	4:44.12	41.26
	100m:	1:16.42	40.09	200m:	2:39.38	41.35	300m:	4:02.86	41.46	400m:	5:21.89	37.77

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Alge Swim Time

, 08-09.02.2024 .

21,		, 400m				2009 - 2010		R.T.	FINA			
		/										
7.				2010	II			5:23.85	II	383		
8.				2010	II	-		5:31.92	II	356		
	50m:	36.00	36.00	150m:	1:56.64	41.62	250m:	3:21.30	42.92	350m:	4:49.62	43.83
	100m:	1:15.02	39.02	200m:	2:38.38	41.74	300m:	4:05.79	44.49	400m:	5:31.92	42.30
9.				2010	II	"	"	5:39.68	II	332		
	50m:	37.09	37.09	150m:	2:02.78	43.72	250m:	3:31.32	43.86	350m:	4:58.63	43.68
	100m:	1:19.06	41.97	200m:	2:47.46	44.68	300m:	4:14.95	43.63	400m:	5:39.68	41.05
2011 - 2013												
1.				2011				4:53.78	I	514		
	50m:	32.11	32.11	150m:	1:47.24	38.11	250m:	3:02.42	37.62	350m:	4:18.00	37.58
	100m:	1:09.13	37.02	200m:	2:24.80	37.56	300m:	3:40.42	38.00	400m:	4:53.78	35.78
2.				2011	I	-		5:03.88	II	464		
	50m:	32.95	32.95	150m:	1:49.23	38.61	250m:	3:07.93	39.74	350m:	4:26.75	39.20
	100m:	1:10.62	37.67	200m:	2:28.19	38.96	300m:	3:47.55	39.62	400m:	5:03.88	37.13
3.				2012	II			5:23.09	II	386		
4.				2012	II			5:38.25	II	336		
5.				2011	II	-		5:38.79	II	335		
6.				2012	III			6:01.10	III	276		
	50m:	39.01	39.01	150m:	2:07.61	46.23	250m:	3:38.71	46.11	350m:	5:15.26	47.74
	100m:	1:21.38	42.37	200m:	2:52.60	44.99	300m:	4:27.52	48.81	400m:	6:01.10	45.84
7.				2012	II			6:06.32	III	265		
8.				2011	II	"	"	6:06.68	III	264		
9.				2011	III	-		6:15.41	III	246		
	50m:	39.14	39.14	150m:	2:15.22	50.14	250m:	3:54.56	50.06	350m:	5:30.42	46.68
	100m:	1:25.08	45.94	200m:	3:04.50	49.28	300m:	4:43.74	49.18	400m:	6:15.41	44.99
10.				2011	III	"	"	6:19.34	III	238		
11.				2011	III			6:20.10	III	237		
12.				2011	III	"	"	6:25.38	III	227		
13.				2012	III	"	"	6:26.50	III	225		
14.				2013	III	"	"	6:58.86	I	177		