

, 08-09.02.2024 .

| 22                |       |         | , 400m  |       |         | 2013  |                   |         |       |       |         |         |
|-------------------|-------|---------|---------|-------|---------|-------|-------------------|---------|-------|-------|---------|---------|
| 09.02.2024 - 9:34 |       |         |         |       |         |       |                   |         |       |       |         |         |
| : FINA 2024       |       |         |         |       |         |       |                   |         |       |       |         |         |
|                   |       |         | /       |       |         |       | R.T.              | FINA    |       |       |         |         |
| <b>2010</b>       |       |         |         |       |         |       |                   |         |       |       |         |         |
| 1.                |       |         | 1997    |       |         |       | <b>4:08.03</b>    | 698     |       |       |         |         |
|                   | 50m:  | 27.91   | 27.91   | 150m: | 1:30.50 | 31.70 | 250m:             | 2:33.64 | 31.48 | 350m: | 3:38.01 | 31.98   |
|                   | 100m: | 58.80   | 30.89   | 200m: | 2:02.16 | 31.66 | 300m:             | 3:06.03 | 32.39 | 400m: | 4:08.03 | 30.02   |
| 2.                |       |         | 2007    |       |         |       | <b>4:12.14</b>    | 664     |       |       |         |         |
|                   | 50m:  | 29.23   | 29.23   | 150m: | 1:31.98 | 31.79 | 250m:             | 2:36.68 | 32.42 | 350m: | 3:41.43 | 32.08   |
|                   | 100m: | 1:00.19 | 30.96   | 200m: | 2:04.26 | 32.28 | 300m:             | 3:09.35 | 32.67 | 400m: | 4:12.14 | 30.71   |
| 3.                |       |         | 2006    |       |         |       | <b>4:13.48</b>    | 654     |       |       |         |         |
|                   | 50m:  | 29.96   | 29.96   | 150m: | 1:33.94 | 31.91 | 250m:             | 2:38.23 | 32.03 | 350m: | 3:42.75 | 32.07   |
|                   | 100m: | 1:02.03 | 32.07   | 200m: | 2:06.20 | 32.26 | 300m:             | 3:10.68 | 32.45 | 400m: | 4:13.48 | 30.73   |
| 4.                |       |         | 2009 I  |       |         |       | <b>4:18.44</b> I  | 617     |       |       |         |         |
|                   | 50m:  | 29.26   | 29.26   | 150m: | 1:33.89 | 33.06 | 250m:             | 2:40.37 | 33.34 | 350m: | 3:46.75 | 33.35   |
|                   | 100m: | 1:00.83 | 31.57   | 200m: | 2:07.03 | 33.14 | 300m:             | 3:13.40 | 33.03 | 400m: | 4:18.44 | 31.69   |
| 5.                |       |         | 2007    |       |         |       | <b>4:21.14</b> I  | 598     |       |       |         |         |
|                   | 50m:  | 30.46   | 30.46   | 150m: | 1:35.65 | 32.83 | 250m:             | 2:42.40 | 33.77 | 350m: | 3:50.24 | 34.08   |
|                   | 100m: | 1:02.82 | 32.36   | 200m: | 2:08.63 | 32.98 | 300m:             | 3:16.16 | 33.76 | 400m: | 4:21.14 | 30.90   |
| 6.                |       |         | 2008 I  |       |         |       | <b>4:32.15</b> I  | 528     |       |       |         |         |
|                   | 50m:  | 31.59   | 31.59   | 150m: | 1:39.90 | 34.41 | 250m:             | 2:49.46 | 34.56 | 350m: | 3:59.68 | 34.95   |
|                   | 100m: | 1:05.49 | 33.90   | 200m: | 2:14.90 | 35.00 | 300m:             | 3:24.73 | 35.27 | 400m: | 4:32.15 | 32.47   |
| 7.                |       |         | 2009    |       |         |       | <b>4:32.28</b> I  | 528     |       |       |         |         |
|                   | 50m:  | 30.44   | 30.44   | 150m: | 1:37.81 | 34.07 | 250m:             | 2:47.83 | 35.10 | 350m: | 3:58.73 | 35.42   |
|                   | 100m: | 1:03.74 | 33.30   | 200m: | 2:12.73 | 34.92 | 300m:             | 3:23.31 | 35.48 | 400m: | 4:32.28 | 33.55   |
| 8.                |       |         | 2010 I  |       |         |       | <b>4:34.50</b> II | 515     |       |       |         |         |
|                   | 50m:  | 31.21   | 31.21   | 150m: | 1:40.63 | 35.10 | 250m:             | 2:51.66 | 35.35 | 350m: | 4:01.23 | 34.26   |
|                   | 100m: | 1:05.53 | 34.32   | 200m: | 2:16.31 | 35.68 | 300m:             | 3:26.97 | 35.31 | 400m: | 4:34.50 | 33.27   |
| 9.                |       |         | 2010 I  |       |         |       | <b>4:35.43</b> II | 510     |       |       |         |         |
|                   | 50m:  | 30.92   | 30.92   | 150m: | 1:40.80 | 34.90 | 250m:             | 2:50.75 | 34.64 | 350m: | 4:01.23 | 34.85   |
|                   | 100m: | 1:05.90 | 34.98   | 200m: | 2:16.11 | 35.31 | 300m:             | 3:26.38 | 35.63 | 400m: | 4:35.43 | 34.20   |
| 10.               |       |         | 2008 I  | "     | "       | "     | <b>4:38.29</b> II | 494     |       |       |         |         |
|                   | 50m:  | 32.34   | 32.34   | 150m: | 1:41.33 | 35.01 | 300m:             | 2:39.13 | 22.68 | 400m: | 4:38.29 | 1:46.02 |
|                   | 100m: | 1:06.32 | 33.98   | 200m: | 2:16.45 | 35.12 | 350m:             | 2:52.27 | 13.14 |       |         |         |
| 11.               |       |         | 2009 I  |       |         |       | <b>4:39.24</b> II | 489     |       |       |         |         |
|                   | 50m:  | 30.61   | 30.61   | 150m: | 1:41.01 | 35.61 | 250m:             | 2:53.82 | 36.56 | 350m: | 4:04.95 | 34.39   |
|                   | 100m: | 1:05.40 | 34.79   | 200m: | 2:17.26 | 36.25 | 300m:             | 3:30.56 | 36.74 | 400m: | 4:39.24 | 34.29   |
| 12.               |       |         | 2009 II |       |         |       | <b>4:41.15</b> II | 479     |       |       |         |         |
|                   | 50m:  | 30.54   | 30.54   | 150m: | 1:41.27 | 35.22 | 250m:             | 2:54.15 | 35.84 | 350m: | 4:06.40 | 35.35   |
|                   | 100m: | 1:06.05 | 35.51   | 200m: | 2:18.31 | 37.04 | 300m:             | 3:31.05 | 36.90 | 400m: | 4:41.15 | 34.75   |
| 13.               |       |         | 2008 I  |       |         |       | <b>4:42.86</b> II | 470     |       |       |         |         |
|                   | 50m:  | 30.83   | 30.83   | 150m: | 1:40.69 | 35.67 | 250m:             | 2:54.36 | 37.09 | 350m: | 4:08.08 | 36.58   |
|                   | 100m: | 1:05.02 | 34.19   | 200m: | 2:17.27 | 36.58 | 300m:             | 3:31.50 | 37.14 | 400m: | 4:42.86 | 34.78   |
| 14.               |       |         | 2010 I  |       |         |       | <b>4:44.32</b> II | 463     |       |       |         |         |
|                   | 50m:  | 31.82   | 31.82   | 150m: | 1:43.03 | 36.33 | 250m:             | 2:56.90 | 37.29 | 350m: | 4:09.13 | 35.99   |
|                   | 100m: | 1:06.70 | 34.88   | 200m: | 2:19.61 | 36.58 | 300m:             | 3:33.14 | 36.24 | 400m: | 4:44.32 | 35.19   |
| 15.               |       |         | 2009 II | "     | "       | "     | <b>4:48.03</b> II | 446     |       |       |         |         |
|                   | 50m:  | 32.02   | 32.02   | 150m: | 1:43.81 | 36.55 | 250m:             | 2:58.08 | 37.50 | 400m: | 4:48.03 | 1:46.82 |
|                   | 100m: | 1:07.26 | 35.24   | 200m: | 2:20.58 | 36.77 | 350m:             | 3:01.21 | 3.13  |       |         |         |

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Alge Swim Time

, 08-09.02.2024 .

| 22, |       | , 400m  |       | , 2010 |         |       |       | R.T.    | FINA           |                |         |         |
|-----|-------|---------|-------|--------|---------|-------|-------|---------|----------------|----------------|---------|---------|
|     |       | /       |       |        |         |       |       |         |                |                |         |         |
| 16. |       |         |       | 2010   | II      |       |       |         | <b>4:48.09</b> | II             | 445     |         |
|     | 50m:  | 31.41   | 31.41 | 150m:  | 1:42.94 | 36.53 | 250m: | 2:58.39 | 37.81          | 350m:          | 4:13.49 | 36.95   |
|     | 100m: | 1:06.41 | 35.00 | 200m:  | 2:20.58 | 37.64 | 300m: | 3:36.54 | 38.15          | 400m:          | 4:48.09 | 34.60   |
| 17. |       |         |       | 2010   | II      |       |       |         |                | <b>4:49.61</b> | II      | 438     |
|     | 50m:  | 31.28   | 31.28 | 150m:  | 1:43.42 | 36.70 | 250m: | 2:58.39 | 37.48          | 350m:          | 4:13.60 | 37.27   |
|     | 100m: | 1:06.72 | 35.44 | 200m:  | 2:20.91 | 37.49 | 300m: | 3:36.33 | 37.94          | 400m:          | 4:49.61 | 36.01   |
| 18. |       |         |       | 2009   | II      |       |       |         |                | <b>4:51.71</b> | II      | 429     |
|     | 50m:  | 33.23   | 33.23 | 150m:  | 1:46.75 | 37.17 | 250m: | 3:00.86 | 37.09          | 350m:          | 4:16.00 | 37.34   |
|     | 100m: | 1:09.58 | 36.35 | 200m:  | 2:23.77 | 37.02 | 300m: | 3:38.66 | 37.80          | 400m:          | 4:51.71 | 35.71   |
| 19. |       |         |       | 2008   | II      |       |       |         |                | <b>4:52.47</b> | II      | 426     |
|     | 50m:  | 33.12   | 33.12 | 150m:  | 1:46.95 | 37.22 | 250m: | 3:02.33 | 37.58          | 350m:          | 4:17.08 | 37.50   |
|     | 100m: | 1:09.73 | 36.61 | 200m:  | 2:24.75 | 37.80 | 300m: | 3:39.58 | 37.25          | 400m:          | 4:52.47 | 35.39   |
| 20. |       |         |       | 2009   | II      | "     | "     |         |                | <b>4:53.55</b> | II      | 421     |
|     | 50m:  | 33.59   | 33.59 | 150m:  | 1:46.50 | 36.64 | 300m: | 2:38.62 | 14.89          | 400m:          | 4:53.55 | 1:51.59 |
|     | 100m: | 1:09.86 | 36.27 | 200m:  | 2:23.73 | 37.23 | 350m: | 3:01.96 | 23.34          |                |         |         |
| 21. |       |         |       | 2009   | II      | "     | "     |         |                | <b>4:53.69</b> | II      | 420     |
| 22. |       |         |       | 2008   | II      |       |       |         |                | <b>4:56.46</b> | II      | 409     |
|     | 50m:  | 34.02   | 34.02 | 150m:  | 1:47.73 | 37.94 | 300m: | 2:30.91 | 5.06           | 400m:          | 4:56.46 | 1:51.93 |
|     | 100m: | 1:09.79 | 35.77 | 200m:  | 2:25.85 | 38.12 | 350m: | 3:04.53 | 33.62          |                |         |         |
| 23. |       |         |       | 2004   | II      |       |       |         |                | <b>4:57.94</b> | II      | 402     |
|     | 50m:  | 31.97   | 31.97 | 150m:  | 1:43.69 | 36.60 | 250m: | 3:01.17 | 39.53          | 350m:          | 4:20.64 | 39.80   |
|     | 100m: | 1:07.09 | 35.12 | 200m:  | 2:21.64 | 37.95 | 300m: | 3:40.84 | 39.67          | 400m:          | 4:57.94 | 37.30   |
| 24. |       |         |       | 2009   | II      |       |       |         |                | <b>5:04.12</b> | II      | 378     |
|     | 50m:  | 34.84   | 34.84 | 150m:  | 1:52.08 | 39.44 | 300m: | 2:38.71 | 7.97           | 400m:          | 5:04.12 | 1:53.91 |
|     | 100m: | 1:12.64 | 37.80 | 200m:  | 2:30.74 | 38.66 | 350m: | 3:10.21 | 31.50          |                |         |         |
| 25. |       |         |       | 2010   | II      |       |       |         |                | <b>5:06.01</b> | II      | 371     |
| 26. |       |         |       | 2009   | II      | "     | "     |         |                | <b>5:10.21</b> | III     | 357     |
|     | 50m:  | 34.16   | 34.16 | 150m:  | 1:51.30 | 39.20 | 300m: | 2:35.81 | 4.44           | 400m:          | 5:10.21 | 1:58.82 |
|     | 100m: | 1:12.10 | 37.94 | 200m:  | 2:31.37 | 40.07 | 350m: | 3:11.39 | 35.58          |                |         |         |
| 27. |       |         |       | 2010   | II      | -     |       |         |                | <b>5:17.43</b> | III     | 333     |
|     | 50m:  | 33.82   | 33.82 | 150m:  | 1:51.54 | 39.83 | 250m: | 3:13.72 | 41.53          | 350m:          | 4:37.43 | 41.94   |
|     | 100m: | 1:11.71 | 37.89 | 200m:  | 2:32.19 | 40.65 | 300m: | 3:55.49 | 41.77          | 400m:          | 5:17.43 | 40.00   |
| 28. |       |         |       | 2009   | II      |       |       |         |                | <b>5:17.57</b> | III     | 332     |
| 29. |       |         |       | 2010   | II      | -     |       |         |                | <b>5:18.67</b> | III     | 329     |
|     | 50m:  | 36.12   | 36.12 | 150m:  | 1:56.70 | 40.90 | 250m: | 3:18.70 | 41.42          | 350m:          | 4:40.84 | 40.69   |
|     | 100m: | 1:15.80 | 39.68 | 200m:  | 2:37.28 | 40.58 | 300m: | 4:00.15 | 41.45          | 400m:          | 5:18.67 | 37.83   |
| 30. |       |         |       | 2008   | II      | "     | "     |         |                | <b>5:19.51</b> | III     | 326     |
|     | 50m:  | 36.15   | 36.15 | 150m:  | 1:55.45 | 40.28 | 300m: | 2:42.37 | 6.42           | 400m:          | 5:19.51 | 2:02.06 |
|     | 100m: | 1:15.17 | 39.02 | 200m:  | 2:35.95 | 40.50 | 350m: | 3:17.45 | 35.08          |                |         |         |
| 31. |       |         |       | 2010   | II      | -     |       |         |                | <b>5:19.98</b> | III     | 325     |
|     | 50m:  | 34.31   | 34.31 | 150m:  | 1:51.10 | 39.76 | 250m: | 3:14.38 | 42.15          | 350m:          | 4:39.19 | 42.65   |
|     | 100m: | 1:11.34 | 37.03 | 200m:  | 2:32.23 | 41.13 | 300m: | 3:56.54 | 42.16          | 400m:          | 5:19.98 | 40.79   |
| 32. |       |         |       | 2010   | II      |       |       |         |                | <b>5:20.60</b> | III     | 323     |
| 33. |       |         |       | 2008   | II      | "     | "     |         |                | <b>5:24.34</b> | III     | 312     |
| 34. |       |         |       | 2010   | II      | "     | "     |         |                | <b>5:25.87</b> | III     | 307     |
| 35. |       |         |       | 2007   | II      | "     | "     |         |                | <b>5:27.99</b> | III     | 302     |
| 36. |       |         |       | 2010   | II      | "     | "     |         |                | <b>5:31.13</b> | III     | 293     |
| 37. |       |         |       | 2010   | II      | "     | "     |         |                | <b>5:32.54</b> | III     | 289     |
|     | 50m:  | 37.05   | 37.05 | 150m:  | 2:02.05 | 42.98 | 250m: | 3:28.19 | 43.17          | 350m:          | 4:53.16 | 41.89   |
|     | 100m: | 1:19.07 | 42.02 | 200m:  | 2:45.02 | 42.97 | 300m: | 4:11.27 | 43.08          | 400m:          | 5:32.54 | 39.38   |

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| 22,         |       | , 400m  |       | , 2010 |         |       |       | R.T.    | FINA           |                |         |         |
|-------------|-------|---------|-------|--------|---------|-------|-------|---------|----------------|----------------|---------|---------|
| 38.         |       |         |       | 2010   | II      |       |       |         | <b>5:32.99</b> | III            | 288     |         |
|             | 50m:  | 35.96   | 35.96 | 150m:  | 1:58.78 | 42.80 | 250m: | 3:23.32 | 42.13          | 350m:          | 4:49.27 | 44.62   |
|             | 100m: | 1:15.98 | 40.02 | 200m:  | 2:41.19 | 42.41 | 300m: | 4:04.65 | 41.33          | 400m:          | 5:32.99 | 43.72   |
| 39.         |       |         |       | 2009   | II      |       |       |         |                | <b>5:41.40</b> | III     | 267     |
|             | 50m:  | 36.97   | 36.97 | 150m:  | 1:59.38 | 42.45 | 250m: | 3:28.57 | 45.47          | 350m:          | 5:00.21 | 45.91   |
|             | 100m: | 1:16.93 | 39.96 | 200m:  | 2:43.10 | 43.72 | 300m: | 4:14.30 | 45.73          | 400m:          | 5:41.40 | 41.19   |
| 40.         |       |         |       | 2010   | II      | "     | "     |         |                | <b>5:44.91</b> | III     | 259     |
| 41.         |       |         |       | 2010   | II      | "     | "     |         |                | <b>5:48.67</b> | III     | 251     |
|             | 50m:  | 36.70   | 36.70 | 150m:  | 2:03.65 | 44.66 | 250m: | 3:34.79 | 45.59          | 350m:          | 5:04.98 | 44.23   |
|             | 100m: | 1:18.99 | 42.29 | 200m:  | 2:49.20 | 45.55 | 300m: | 4:20.75 | 45.96          | 400m:          | 5:48.67 | 43.69   |
| 42.         |       |         |       | 2010   | II      | "     | "     |         |                | <b>6:06.47</b> | I       | 216     |
|             | 50m:  | 38.46   | 38.46 | 150m:  | 2:05.07 | 43.58 | 300m: | 2:53.81 | 3.65           | 400m:          | 6:06.47 | 2:31.84 |
|             | 100m: | 1:21.49 | 43.03 | 200m:  | 2:50.16 | 45.09 | 350m: | 3:34.63 | 40.82          |                |         |         |
| 2009 - 2010 |       |         |       |        |         |       |       |         |                |                |         |         |
| 1.          |       |         |       | 2009   | I       |       |       |         |                | <b>4:18.44</b> | I       | 617     |
|             | 50m:  | 29.26   | 29.26 | 150m:  | 1:33.89 | 33.06 | 250m: | 2:40.37 | 33.34          | 350m:          | 3:46.75 | 33.35   |
|             | 100m: | 1:00.83 | 31.57 | 200m:  | 2:07.03 | 33.14 | 300m: | 3:13.40 | 33.03          | 400m:          | 4:18.44 | 31.69   |
| 2.          |       |         |       | 2009   |         |       |       |         |                | <b>4:32.28</b> | I       | 528     |
|             | 50m:  | 30.44   | 30.44 | 150m:  | 1:37.81 | 34.07 | 250m: | 2:47.83 | 35.10          | 350m:          | 3:58.73 | 35.42   |
|             | 100m: | 1:03.74 | 33.30 | 200m:  | 2:12.73 | 34.92 | 300m: | 3:23.31 | 35.48          | 400m:          | 4:32.28 | 33.55   |
| 3.          |       |         |       | 2010   | I       |       |       |         |                | <b>4:34.50</b> | II      | 515     |
|             | 50m:  | 31.21   | 31.21 | 150m:  | 1:40.63 | 35.10 | 250m: | 2:51.66 | 35.35          | 350m:          | 4:01.23 | 34.26   |
|             | 100m: | 1:05.53 | 34.32 | 200m:  | 2:16.31 | 35.68 | 300m: | 3:26.97 | 35.31          | 400m:          | 4:34.50 | 33.27   |
| 4.          |       |         |       | 2010   | I       |       |       |         |                | <b>4:35.43</b> | II      | 510     |
|             | 50m:  | 30.92   | 30.92 | 150m:  | 1:40.80 | 34.90 | 250m: | 2:50.75 | 34.64          | 350m:          | 4:01.23 | 34.85   |
|             | 100m: | 1:05.90 | 34.98 | 200m:  | 2:16.11 | 35.31 | 300m: | 3:26.38 | 35.63          | 400m:          | 4:35.43 | 34.20   |
| 5.          |       |         |       | 2009   | I       |       |       |         |                | <b>4:39.24</b> | II      | 489     |
|             | 50m:  | 30.61   | 30.61 | 150m:  | 1:41.01 | 35.61 | 250m: | 2:53.82 | 36.56          | 350m:          | 4:04.95 | 34.39   |
|             | 100m: | 1:05.40 | 34.79 | 200m:  | 2:17.26 | 36.25 | 300m: | 3:30.56 | 36.74          | 400m:          | 4:39.24 | 34.29   |
| 6.          |       |         |       | 2009   | II      |       |       |         |                | <b>4:41.15</b> | II      | 479     |
|             | 50m:  | 30.54   | 30.54 | 150m:  | 1:41.27 | 35.22 | 250m: | 2:54.15 | 35.84          | 350m:          | 4:06.40 | 35.35   |
|             | 100m: | 1:06.05 | 35.51 | 200m:  | 2:18.31 | 37.04 | 300m: | 3:31.05 | 36.90          | 400m:          | 4:41.15 | 34.75   |
| 7.          |       |         |       | 2010   | I       |       |       |         |                | <b>4:44.32</b> | II      | 463     |
|             | 50m:  | 31.82   | 31.82 | 150m:  | 1:43.03 | 36.33 | 250m: | 2:56.90 | 37.29          | 350m:          | 4:09.13 | 35.99   |
|             | 100m: | 1:06.70 | 34.88 | 200m:  | 2:19.61 | 36.58 | 300m: | 3:33.14 | 36.24          | 400m:          | 4:44.32 | 35.19   |
| 8.          |       |         |       | 2009   | II      | "     | "     |         |                | <b>4:48.03</b> | II      | 446     |
|             | 50m:  | 32.02   | 32.02 | 150m:  | 1:43.81 | 36.55 | 250m: | 2:58.08 | 37.50          | 400m:          | 4:48.03 | 1:46.82 |
|             | 100m: | 1:07.26 | 35.24 | 200m:  | 2:20.58 | 36.77 | 350m: | 3:01.21 | 3.13           |                |         |         |
| 9.          |       |         |       | 2010   | II      |       |       |         |                | <b>4:48.09</b> | II      | 445     |
|             | 50m:  | 31.41   | 31.41 | 150m:  | 1:42.94 | 36.53 | 250m: | 2:58.39 | 37.81          | 350m:          | 4:13.49 | 36.95   |
|             | 100m: | 1:06.41 | 35.00 | 200m:  | 2:20.58 | 37.64 | 300m: | 3:36.54 | 38.15          | 400m:          | 4:48.09 | 34.60   |
| 10.         |       |         |       | 2010   | II      |       |       |         |                | <b>4:49.61</b> | II      | 438     |
|             | 50m:  | 31.28   | 31.28 | 150m:  | 1:43.42 | 36.70 | 250m: | 2:58.39 | 37.48          | 350m:          | 4:13.60 | 37.27   |
|             | 100m: | 1:06.72 | 35.44 | 200m:  | 2:20.91 | 37.49 | 300m: | 3:36.33 | 37.94          | 400m:          | 4:49.61 | 36.01   |
| 11.         |       |         |       | 2009   | II      |       |       |         |                | <b>4:51.71</b> | II      | 429     |
|             | 50m:  | 33.23   | 33.23 | 150m:  | 1:46.75 | 37.17 | 250m: | 3:00.86 | 37.09          | 350m:          | 4:16.00 | 37.34   |
|             | 100m: | 1:09.58 | 36.35 | 200m:  | 2:23.77 | 37.02 | 300m: | 3:38.66 | 37.80          | 400m:          | 4:51.71 | 35.71   |
| 12.         |       |         |       | 2009   | II      | "     | "     |         |                | <b>4:53.55</b> | II      | 421     |
|             | 50m:  | 33.59   | 33.59 | 150m:  | 1:46.50 | 36.64 | 300m: | 2:38.62 | 14.89          | 400m:          | 4:53.55 | 1:51.59 |
|             | 100m: | 1:09.86 | 36.27 | 200m:  | 2:23.73 | 37.23 | 350m: | 3:01.96 | 23.34          |                |         |         |

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| 22,         |       | , 400m  |       |       |         | 2009 - 2010 |       |         |       | R.T.           | FINA    |         |
|-------------|-------|---------|-------|-------|---------|-------------|-------|---------|-------|----------------|---------|---------|
|             |       | /       |       |       |         |             |       |         |       |                |         |         |
| 13.         |       |         |       | 2009  | II      | "           | "     |         |       | <b>4:53.69</b> | II      | 420     |
| 14.         |       |         |       | 2009  | II      |             |       |         |       | <b>5:04.12</b> | II      | 378     |
|             | 50m:  | 34.84   | 34.84 | 150m: | 1:52.08 | 39.44       | 300m: | 2:38.71 | 7.97  | 400m:          | 5:04.12 | 1:53.91 |
|             | 100m: | 1:12.64 | 37.80 | 200m: | 2:30.74 | 38.66       | 350m: | 3:10.21 | 31.50 |                |         |         |
| 15.         |       |         |       | 2010  | II      |             |       |         |       | <b>5:06.01</b> | II      | 371     |
| 16.         |       |         |       | 2009  | II      | "           | "     |         |       | <b>5:10.21</b> | III     | 357     |
|             | 50m:  | 34.16   | 34.16 | 150m: | 1:51.30 | 39.20       | 300m: | 2:35.81 | 4.44  | 400m:          | 5:10.21 | 1:58.82 |
|             | 100m: | 1:12.10 | 37.94 | 200m: | 2:31.37 | 40.07       | 350m: | 3:11.39 | 35.58 |                |         |         |
| 17.         |       |         |       | 2010  | II      | -           |       |         |       | <b>5:17.43</b> | III     | 333     |
|             | 50m:  | 33.82   | 33.82 | 150m: | 1:51.54 | 39.83       | 250m: | 3:13.72 | 41.53 | 350m:          | 4:37.43 | 41.94   |
|             | 100m: | 1:11.71 | 37.89 | 200m: | 2:32.19 | 40.65       | 300m: | 3:55.49 | 41.77 | 400m:          | 5:17.43 | 40.00   |
| 18.         |       |         |       | 2009  | II      |             |       |         |       | <b>5:17.57</b> | III     | 332     |
| 19.         |       |         |       | 2010  | II      | -           |       |         |       | <b>5:18.67</b> | III     | 329     |
|             | 50m:  | 36.12   | 36.12 | 150m: | 1:56.70 | 40.90       | 250m: | 3:18.70 | 41.42 | 350m:          | 4:40.84 | 40.69   |
|             | 100m: | 1:15.80 | 39.68 | 200m: | 2:37.28 | 40.58       | 300m: | 4:00.15 | 41.45 | 400m:          | 5:18.67 | 37.83   |
| 20.         |       |         |       | 2010  | II      | -           |       |         |       | <b>5:19.98</b> | III     | 325     |
|             | 50m:  | 34.31   | 34.31 | 150m: | 1:51.10 | 39.76       | 250m: | 3:14.38 | 42.15 | 350m:          | 4:39.19 | 42.65   |
|             | 100m: | 1:11.34 | 37.03 | 200m: | 2:32.23 | 41.13       | 300m: | 3:56.54 | 42.16 | 400m:          | 5:19.98 | 40.79   |
| 21.         |       |         |       | 2010  | II      |             |       |         |       | <b>5:20.60</b> | III     | 323     |
| 22.         |       |         |       | 2010  | II      | "           | "     |         |       | <b>5:25.87</b> | III     | 307     |
| 23.         |       |         |       | 2010  | II      | "           | "     |         |       | <b>5:31.13</b> | III     | 293     |
| 24.         |       |         |       | 2010  | II      | "           | "     |         |       | <b>5:32.54</b> | III     | 289     |
|             | 50m:  | 37.05   | 37.05 | 150m: | 2:02.05 | 42.98       | 250m: | 3:28.19 | 43.17 | 350m:          | 4:53.16 | 41.89   |
|             | 100m: | 1:19.07 | 42.02 | 200m: | 2:45.02 | 42.97       | 300m: | 4:11.27 | 43.08 | 400m:          | 5:32.54 | 39.38   |
| 25.         |       |         |       | 2010  | II      |             |       |         |       | <b>5:32.99</b> | III     | 288     |
|             | 50m:  | 35.96   | 35.96 | 150m: | 1:58.78 | 42.80       | 250m: | 3:23.32 | 42.13 | 350m:          | 4:49.27 | 44.62   |
|             | 100m: | 1:15.98 | 40.02 | 200m: | 2:41.19 | 42.41       | 300m: | 4:04.65 | 41.33 | 400m:          | 5:32.99 | 43.72   |
| 26.         |       |         |       | 2009  | II      |             |       |         |       | <b>5:41.40</b> | III     | 267     |
|             | 50m:  | 36.97   | 36.97 | 150m: | 1:59.38 | 42.45       | 250m: | 3:28.57 | 45.47 | 350m:          | 5:00.21 | 45.91   |
|             | 100m: | 1:16.93 | 39.96 | 200m: | 2:43.10 | 43.72       | 300m: | 4:14.30 | 45.73 | 400m:          | 5:41.40 | 41.19   |
| 27.         |       |         |       | 2010  | II      | "           | "     |         |       | <b>5:44.91</b> | III     | 259     |
| 28.         |       |         |       | 2010  | II      | "           | "     |         |       | <b>5:48.67</b> | III     | 251     |
|             | 50m:  | 36.70   | 36.70 | 150m: | 2:03.65 | 44.66       | 250m: | 3:34.79 | 45.59 | 350m:          | 5:04.98 | 44.23   |
|             | 100m: | 1:18.99 | 42.29 | 200m: | 2:49.20 | 45.55       | 300m: | 4:20.75 | 45.96 | 400m:          | 5:48.67 | 43.69   |
| 29.         |       |         |       | 2010  | II      | "           | "     |         |       | <b>6:06.47</b> | I       | 216     |
|             | 50m:  | 38.46   | 38.46 | 150m: | 2:05.07 | 43.58       | 300m: | 2:53.81 | 3.65  | 400m:          | 6:06.47 | 2:31.84 |
|             | 100m: | 1:21.49 | 43.03 | 200m: | 2:50.16 | 45.09       | 350m: | 3:34.63 | 40.82 |                |         |         |
| 2011 - 2013 |       |         |       |       |         |             |       |         |       |                |         |         |
| 1.          |       |         |       | 2011  | II      |             |       |         |       | <b>4:48.61</b> | II      | 443     |
|             | 50m:  | 32.44   | 32.44 | 150m: | 1:44.36 | 36.49       | 250m: | 2:58.60 | 36.93 | 350m:          | 4:12.48 | 36.79   |
|             | 100m: | 1:07.87 | 35.43 | 200m: | 2:21.67 | 37.31       | 300m: | 3:35.69 | 37.09 | 400m:          | 4:48.61 | 36.13   |
| 2.          |       |         |       | 2011  | II      |             |       |         |       | <b>5:05.01</b> | II      | 375     |
| 3.          |       |         |       | 2011  | II      |             |       |         |       | <b>5:15.98</b> | III     | 337     |
|             | 50m:  | 36.35   | 36.35 | 150m: | 1:56.21 | 39.75       | 250m: | 3:16.48 | 40.14 | 350m:          | 4:38.77 | 40.46   |
|             | 100m: | 1:16.46 | 40.11 | 200m: | 2:36.34 | 40.13       | 300m: | 3:58.31 | 41.83 | 400m:          | 5:15.98 | 37.21   |
| 4.          |       |         |       | 2012  | III     |             |       |         |       | <b>5:19.92</b> | III     | 325     |
|             | 50m:  | 35.77   | 35.77 | 150m: | 1:56.19 | 40.54       | 250m: | 3:17.26 | 41.41 | 350m:          | 4:39.95 | 40.82   |
|             | 100m: | 1:15.65 | 39.88 | 200m: | 2:35.85 | 39.66       | 300m: | 3:59.13 | 41.87 | 400m:          | 5:19.92 | 39.97   |

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|     | 22,   |         | , 400m |       |         |       |       |         | 2011 - 2013 |       |         | R.T.    |                | FINA    |
|-----|-------|---------|--------|-------|---------|-------|-------|---------|-------------|-------|---------|---------|----------------|---------|
| 5.  |       |         |        | /     |         |       |       |         |             |       |         |         |                |         |
|     |       |         |        | 2011  | III     |       |       |         |             |       |         |         | <b>5:35.51</b> | III 282 |
|     | 50m:  | 37.47   | 37.47  | 150m: | 1:59.59 | 42.12 | 250m: | 3:27.22 | 44.05       | 400m: | 5:35.51 | 1:23.90 |                |         |
|     | 100m: | 1:17.47 | 40.00  | 200m: | 2:43.17 | 43.58 | 300m: | 4:11.61 | 44.39       |       |         |         |                |         |
| 6.  |       |         |        | 2013  | III     |       |       |         |             |       |         |         | <b>5:52.06</b> | I 244   |
| 7.  |       |         |        | 2011  | III     | "     | "     |         |             |       |         |         | <b>5:56.26</b> | I 235   |
| 8.  |       |         |        | 2012  | III     |       |       |         |             |       |         |         | <b>5:56.82</b> | I 234   |
| 9.  |       |         |        | 2013  | III     | "     | "     |         |             |       |         |         | <b>5:58.56</b> | I 231   |
| 10. | -     |         |        | 2012  | III     | "     | "     |         |             |       |         |         | <b>6:00.54</b> | I 227   |
| 11. |       |         |        | 2011  | III     | "     | "     |         |             |       |         |         | <b>6:14.32</b> | I 203   |
| 12. |       |         |        | 2012  | III     |       |       |         |             |       |         |         | <b>6:26.55</b> | I 184   |
|     | 50m:  | 40.69   | 40.69  | 150m: | 2:17.63 | 48.33 | 250m: | 3:59.14 | 50.70       | 350m: | 5:39.96 | 49.69   |                |         |
|     | 100m: | 1:29.30 | 48.61  | 200m: | 3:08.44 | 50.81 | 300m: | 4:50.27 | 51.13       | 400m: | 6:26.55 | 46.59   |                |         |