



4 , 800m 2006 - 2011  
07.11.2020 - 12:18

III 9 +: 18:42.00 /			II 9 +: 16:42.00 /			I 9 +: 14:42.00 /			
III 9 +: 12:40.00 /			II 9 +: 11:18.00 /			I 9 +: 9:41.00 /			
10 +: 9:02.00 /			12 +: 8:29.00						
						R.T.		FINA	
2006									
1.			2006			+0,87	<b>9:15.64</b>	I	538
	50m: 30.10	30.10	250m: 2:47.68	35.25	450m: 5:08.93	35.41	650m: 7:31.70	35.70	
	100m: 1:03.73	33.63	300m: 3:22.98	35.30	500m: 5:44.19	35.26	700m: 8:07.20	35.50	
	150m: 1:37.85	34.12	350m: 3:58.17	35.19	550m: 6:20.11	35.92	750m: 8:42.76	35.56	
	200m: 2:12.43	34.58	400m: 4:33.52	35.35	600m: 6:56.00	35.89	800m: 9:15.64	32.88	
2.			2006				<b>9:38.18</b>	I	478
	50m: 31.29	31.29	250m: 2:50.09	35.26	450m: 5:17.86	37.17	650m: 7:48.20	37.50	
	100m: 1:04.87	33.58	300m: 3:26.56	36.47	500m: 5:55.21	37.35	700m: 8:25.04	36.84	
	150m: 1:39.48	34.61	350m: 4:03.22	36.66	550m: 6:32.81	37.60	750m: 9:01.85	36.81	
	200m: 2:14.83	35.35	400m: 4:40.69	37.47	600m: 7:10.70	37.89	800m: 9:38.18	36.33	
3.			2006			"SPT+0,72	<b>9:49.44</b>	II	451
	50m: 31.71	31.71	250m: 2:57.59	35.47	450m: 5:27.96	37.85	650m: 7:58.92	35.98	
	100m: 1:07.71	36.00	300m: 3:34.89	37.30	500m: 6:06.51	38.55	700m: 8:36.47	37.55	
	150m: 1:44.59	36.88	350m: 4:11.81	36.92	550m: 6:44.42	37.91	750m: 9:13.54	37.07	
	200m: 2:22.12	37.53	400m: 4:50.11	38.30	600m: 7:22.94	38.52	800m: 9:49.44	35.90	
4.			2006				<b>9:52.93</b>	II	443
	50m: 29.89	29.89	250m: 2:55.09	37.70	450m: 5:25.86	38.83	650m: 8:00.51	39.23	
	100m: 1:04.55	34.66	300m: 3:32.61	37.52	500m: 6:03.83	37.97	700m: 8:38.86	38.35	
	150m: 1:41.07	36.52	350m: 4:09.65	37.04	550m: 6:43.41	39.58	750m: 9:17.54	38.68	
	200m: 2:17.39	36.32	400m: 4:47.03	37.38	600m: 7:21.28	37.87	800m: 9:52.93	35.39	
5.			2006			+0,83	<b>9:53.72</b>	II	441
	50m: 30.95	30.95	250m: 2:56.43	36.24	450m: 5:26.28	38.48	650m: 8:00.34	38.18	
	100m: 1:06.49	35.54	300m: 3:32.81	36.38	500m: 6:04.52	38.24	700m: 8:38.48	38.14	
	150m: 1:43.35	36.86	350m: 4:10.33	37.52	550m: 6:43.48	38.96	750m: 9:17.15	38.67	
	200m: 2:20.19	36.84	400m: 4:47.80	37.47	600m: 7:22.16	38.68	800m: 9:53.72	36.57	
6.			2006			+0,61	<b>10:03.40</b>	II	420
	50m: 31.36	31.36	250m: 3:01.52	38.26	450m: 5:36.19	39.08	650m: 8:11.64	38.21	
	100m: 1:07.73	36.37	300m: 3:39.70	38.18	500m: 6:15.35	39.16	700m: 8:49.97	38.33	
	150m: 1:44.76	37.03	350m: 4:18.04	38.34	550m: 6:54.46	39.11	750m: 9:27.37	37.40	
	200m: 2:23.26	38.50	400m: 4:57.11	39.07	600m: 7:33.43	38.97	800m: 10:03.40	36.03	
7.			2006			"SPT+0,87	<b>10:27.25</b>	II	374
	50m: 33.48	33.48	250m: 3:09.22	38.83	450m: 5:49.18	39.86	650m: 8:28.70	39.50	
	100m: 1:12.04	38.56	300m: 3:48.47	39.25	500m: 6:29.46	40.28	700m: 9:09.14	40.44	
	150m: 1:51.14	39.10	350m: 4:28.51	40.04	550m: 7:08.92	39.46	750m: 9:48.30	39.16	
	200m: 2:30.39	39.25	400m: 5:09.32	40.81	600m: 7:49.20	40.28	800m: 10:27.25	38.95	
8.			2006				<b>11:00.48</b>	II	320
	50m: 34.35	34.35	250m: 3:18.18	41.97	450m: 6:06.87	42.87	650m: 8:57.33	42.90	
	100m: 1:13.82	39.47	300m: 3:59.95	41.77	500m: 6:49.01	42.14	700m: 9:39.21	41.88	
	150m: 1:55.19	41.37	350m: 4:42.05	42.10	550m: 7:31.77	42.76	750m: 10:21.81	42.60	
	200m: 2:36.21	41.02	400m: 5:24.00	41.95	600m: 8:14.43	42.66	800m: 11:00.48	38.67	
9.			2006			+0,70	<b>11:02.16</b>	II	318
	50m: 33.13	33.13	250m: 3:17.24	41.52	450m: 6:08.32	42.59	650m: 8:59.64	42.09	
	100m: 1:13.42	40.29	300m: 3:59.83	42.59	500m: 6:51.66	43.34	700m: 9:42.50	42.86	
	150m: 1:53.90	40.48	350m: 4:42.49	42.66	550m: 7:34.60	42.94	750m: 10:24.04	41.54	
	200m: 2:35.72	41.82	400m: 5:25.73	43.24	600m: 8:17.55	42.95	800m: 11:02.16	38.12	
			2006				<b>11:02.16</b>	II	318
	50m: 35.47	35.47	250m: 3:20.39	42.39	450m: 6:10.59	42.98	650m: 9:00.41	42.60	
	100m: 1:14.90	39.43	300m: 4:02.04	41.65	500m: 6:53.03	42.44	700m: 9:41.50	41.09	
	150m: 1:56.68	41.78	350m: 4:45.01	42.97	550m: 7:35.81	42.78	750m: 10:23.68	42.18	
	200m: 2:38.00	41.32	400m: 5:27.61	42.60	600m: 8:17.81	42.00	800m: 11:02.16	38.48	





		4, , 800m				2006				R.T.			FINA
11.											<b>11:21.12</b>	III	292
	50m:	34.47	34.47	250m:	3:26.44	44.36	450m:	6:23.08	45.57	650m:	9:19.27	44.11	
	100m:	1:15.62	41.15	300m:	4:09.92	43.48	500m:	7:06.56	43.48	700m:	10:02.07	42.80	
	150m:	1:59.50	43.88	350m:	4:54.73	44.81	550m:	7:51.72	45.16	750m:	10:44.26	42.19	
	200m:	2:42.08	42.58	400m:	5:37.51	42.78	600m:	8:35.16	43.44	800m:	11:21.12	36.86	
12.											<b>+0,80 11:30.47</b>	III	280
	50m:	35.12	35.12	250m:	3:27.11	43.53	450m:	6:23.89	44.48	650m:	9:20.84	43.74	
	100m:	1:16.18	41.06	300m:	4:11.76	44.65	500m:	7:08.32	44.43	700m:	10:05.18	44.34	
	150m:	1:59.89	43.71	350m:	4:55.19	43.43	550m:	7:52.75	44.43	750m:	10:49.02	43.84	
	200m:	2:43.58	43.69	400m:	5:39.41	44.22	600m:	8:37.10	44.35	800m:	11:30.47	41.45	
<b>2007</b>													
1.											<b>+0,73 9:08.65</b>	I	559
	50m:	29.03	29.03	250m:	2:47.75	35.01	450m:	5:07.39	34.93	650m:	7:26.89	35.16	
	100m:	1:02.97	33.94	300m:	3:23.10	35.35	500m:	5:41.96	34.57	700m:	8:01.59	34.70	
	150m:	1:38.13	35.16	350m:	3:58.08	34.98	550m:	6:17.27	35.31	750m:	8:35.70	34.11	
	200m:	2:12.74	34.61	400m:	4:32.46	34.38	600m:	6:51.73	34.46	800m:	9:08.65	32.95	
2.											<b>+0,70 9:32.42</b>	I	492
	50m:	32.69	32.69	250m:	2:55.20	35.49	450m:	5:18.22	35.65	650m:	7:43.99	36.51	
	100m:	1:08.08	35.39	300m:	3:31.01	35.81	500m:	5:54.55	36.33	700m:	8:20.98	36.99	
	150m:	1:43.75	35.67	350m:	4:06.29	35.28	550m:	6:30.84	36.29	750m:	8:57.20	36.22	
	200m:	2:19.71	35.96	400m:	4:42.57	36.28	600m:	7:07.48	36.64	800m:	9:32.42	35.22	
3.											<b>9:35.08</b>	I	485
	50m:	31.23	31.23	250m:	2:50.80	36.36	450m:	5:19.93	37.54	650m:	7:50.07	37.76	
	100m:	1:04.62	33.39	300m:	3:27.10	36.30	500m:	5:57.00	37.07	700m:	8:26.44	36.37	
	150m:	1:39.29	34.67	350m:	4:05.04	37.94	550m:	6:35.16	38.16	750m:	9:02.26	35.82	
	200m:	2:14.44	35.15	400m:	4:42.39	37.35	600m:	7:12.31	37.15	800m:	9:35.08	32.82	
4.											<b>+0,56 9:37.76</b>	I	479
	50m:	31.16	31.16	250m:	2:56.36	36.73	450m:	5:22.28	36.61	650m:	7:48.98	36.76	
	100m:	1:06.66	35.50	300m:	3:32.87	36.51	500m:	5:59.04	36.76	700m:	8:25.70	36.72	
	150m:	1:42.96	36.30	350m:	4:09.34	36.47	550m:	6:35.45	36.41	750m:	9:02.06	36.36	
	200m:	2:19.63	36.67	400m:	4:45.67	36.33	600m:	7:12.22	36.77	800m:	9:37.76	35.70	
5.											<b>9:46.99</b>	II	456
	50m:	32.86	32.86	250m:	2:58.53	36.83	450m:	5:27.76	38.09	650m:	7:58.51	37.80	
	100m:	1:09.23	36.37	300m:	3:35.16	36.63	500m:	6:04.83	37.07	700m:	8:35.47	36.96	
	150m:	1:45.13	35.90	350m:	4:12.83	37.67	550m:	6:43.23	38.40	750m:	9:12.37	36.90	
	200m:	2:21.70	36.57	400m:	4:49.67	36.84	600m:	7:20.71	37.48	800m:	9:46.99	34.62	
6.											<b>+0,84 9:48.90</b>	II	452
	50m:	33.59	33.59	250m:	3:00.61	36.98	450m:	5:29.00	37.15	650m:	7:59.35	37.78	
	100m:	1:10.19	36.60	300m:	3:37.64	37.03	500m:	6:06.60	37.60	700m:	8:36.36	37.01	
	150m:	1:46.59	36.40	350m:	4:14.54	36.90	550m:	6:44.34	37.74	750m:	9:13.58	37.22	
	200m:	2:23.63	37.04	400m:	4:51.85	37.31	600m:	7:21.57	37.23	800m:	9:48.90	35.32	
7.											<b>+0,74 9:56.11</b>	II	436
	50m:	31.61	31.61	250m:	2:57.88	36.70	450m:	5:28.16	38.07	650m:	8:01.62	37.69	
	100m:	1:07.38	35.77	300m:	3:34.82	36.94	500m:	6:06.69	38.53	700m:	8:40.07	38.45	
	150m:	1:44.12	36.74	350m:	4:12.10	37.28	550m:	6:44.97	38.28	750m:	9:18.09	38.02	
	200m:	2:21.18	37.06	400m:	4:50.09	37.99	600m:	7:23.93	38.96	800m:	9:56.11	38.02	
8.											<b>+0,71 10:06.05</b>	II	415
	50m:	32.98	32.98	250m:	3:04.64	38.44	450m:	5:39.85	39.08	650m:	8:14.40	38.47	
	100m:	1:10.00	37.02	300m:	3:43.32	38.68	500m:	6:18.97	39.12	700m:	8:52.58	38.18	
	150m:	1:48.11	38.11	350m:	4:21.83	38.51	550m:	6:57.32	38.35	750m:	9:29.89	37.31	
	200m:	2:26.20	38.09	400m:	5:00.77	38.94	600m:	7:35.93	38.61	800m:	10:06.05	36.16	
9.											<b>10:19.50</b>	II	388
	50m:	34.00	34.00	250m:	3:09.86	39.57	450m:	5:47.48	39.46	650m:	8:25.13	40.41	
	100m:	1:11.64	37.64	300m:	3:48.82	38.96	500m:	6:25.98	38.50	700m:	9:04.54	39.41	
	150m:	1:51.58	39.94	350m:	4:28.76	39.94	550m:	7:06.18	40.20	750m:	9:42.71	38.17	
	200m:	2:30.29	38.71	400m:	5:08.02	39.26	600m:	7:44.72	38.54	800m:	10:19.50	36.79	



		4, , 800m				2007				R.T.		FINA	
10.											<b>+0,80 10:22.11</b>	<b>II</b>	<b>383</b>
	50m:	32.88	32.88	250m:	3:04.11	38.90	450m:	5:43.61	40.53	650m:	8:25.09	40.83	
	100m:	1:08.60	35.72	300m:	3:42.77	38.66	500m:	6:23.38	39.77	700m:	9:05.41	40.32	
	150m:	1:46.64	38.04	350m:	4:23.09	40.32	550m:	7:04.31	40.93	750m:	9:44.30	38.89	
	200m:	2:25.21	38.57	400m:	5:03.08	39.99	600m:	7:44.26	39.95	800m:	10:22.11	37.81	
11.											<b>+0,88 10:47.13</b>	<b>II</b>	<b>341</b>
	50m:	34.12	34.12	250m:	3:13.42	41.00	450m:	5:58.21	41.46	650m:	8:45.80	42.18	
	100m:	1:12.46	38.34	300m:	3:54.12	40.70	500m:	6:39.47	41.26	700m:	9:26.83	41.03	
	150m:	1:52.40	39.94	350m:	4:35.38	41.26	550m:	7:21.82	42.35	750m:	10:08.34	41.51	
	200m:	2:32.42	40.02	400m:	5:16.75	41.37	600m:	8:03.62	41.80	800m:	10:47.13	38.79	
12.											<b>+0,76 11:02.92</b>	<b>II</b>	<b>317</b>
	50m:	34.39	34.39	250m:	3:15.00	41.19	450m:	6:04.79	43.23	650m:	8:58.83	43.59	
	100m:	1:13.29	38.90	300m:	3:56.70	41.70	500m:	6:48.03	43.24	700m:	9:40.98	42.15	
	150m:	1:53.49	40.20	350m:	4:39.05	42.35	550m:	7:32.20	44.17	750m:	10:23.39	42.41	
	200m:	2:33.81	40.32	400m:	5:21.56	42.51	600m:	8:15.24	43.04	800m:	11:02.92	39.53	
13.											<b>+0,73 11:14.28</b>	<b>II</b>	<b>301</b>
	50m:	35.49	35.49	250m:	3:23.82	42.55	450m:	6:14.60	43.28	650m:	9:07.33	43.05	
	100m:	1:16.19	40.70	300m:	4:06.34	42.52	500m:	6:57.62	43.02	700m:	9:50.55	43.22	
	150m:	1:58.13	41.94	350m:	4:48.60	42.26	550m:	7:41.05	43.43	750m:	10:33.65	43.10	
	200m:	2:41.27	43.14	400m:	5:31.32	42.72	600m:	8:24.28	43.23	800m:	11:14.28	40.63	
14.											<b>+0,83 11:27.93</b>	<b>III</b>	<b>283</b>
	50m:	37.71	37.71	250m:	3:28.93	43.38	450m:	6:22.90	43.84	650m:	9:19.82	44.17	
	100m:	1:19.15	41.44	300m:	4:11.85	42.92	500m:	7:06.94	44.04	700m:	10:03.80	43.98	
	150m:	2:01.92	42.77	350m:	4:55.34	43.49	550m:	7:51.00	44.06	750m:	10:47.50	43.70	
	200m:	2:45.55	43.63	400m:	5:39.06	43.72	600m:	8:35.65	44.65	800m:	11:27.93	40.43	
15.											<b>+0,56 11:31.45</b>	<b>III</b>	<b>279</b>
	50m:	37.27	37.27	250m:	3:30.81	44.13	450m:	6:29.06	44.62	650m:	9:26.78	44.50	
	100m:	1:19.34	42.07	300m:	4:14.55	43.74	500m:	7:13.56	44.50	700m:	10:10.82	44.04	
	150m:	2:02.87	43.53	350m:	4:59.87	45.32	550m:	7:58.34	44.78	750m:	10:53.73	42.91	
	200m:	2:46.68	43.81	400m:	5:44.44	44.57	600m:	8:42.28	43.94	800m:	11:31.45	37.72	
16.											<b>"SPT+0,73 11:36.36</b>	<b>III</b>	<b>273</b>
	50m:	37.90	37.90	250m:	3:34.54	43.74	450m:	6:30.72	44.30	650m:	9:29.28	45.14	
	100m:	1:21.17	43.27	300m:	4:18.59	44.05	500m:	7:14.91	44.19	700m:	10:12.92	43.64	
	150m:	2:06.34	45.17	350m:	5:02.85	44.26	550m:	7:59.68	44.77	750m:	10:57.14	44.22	
	200m:	2:50.80	44.46	400m:	5:46.42	43.57	600m:	8:44.14	44.46	800m:	11:36.36	39.22	
17.											<b>+0,72 11:37.32</b>	<b>III</b>	<b>272</b>
	50m:	38.23	38.23	250m:	3:36.82	45.51	450m:	6:35.72	45.09	650m:	9:33.39	43.62	
	100m:	1:21.17	42.94	300m:	4:21.16	44.34	500m:	7:19.40	43.68	700m:	10:18.40	45.01	
	150m:	2:05.85	44.68	350m:	5:06.17	45.01	550m:	8:04.38	44.98	750m:	10:58.90	40.50	
	200m:	2:51.31	45.46	400m:	5:50.63	44.46	600m:	8:49.77	45.39	800m:	11:37.32	38.42	
<b>2008</b>													
1.											<b>+0,73 9:54.52</b>	<b>II</b>	<b>439</b>
	50m:	32.20	32.20	250m:	2:58.69	37.00	450m:	5:28.94	37.79	650m:	8:01.55	37.75	
	100m:	1:08.09	35.89	300m:	3:36.05	37.36	500m:	6:06.60	37.66	700m:	8:39.70	38.15	
	150m:	1:44.65	36.56	350m:	4:13.18	37.13	550m:	6:45.42	38.82	750m:	9:17.60	37.90	
	200m:	2:21.69	37.04	400m:	4:51.15	37.97	600m:	7:23.80	38.38	800m:	9:54.52	36.92	
2.											<b>+0,61 9:57.38</b>	<b>II</b>	<b>433</b>
	50m:	32.05	32.05	250m:	3:01.21	37.80	450m:	5:31.93	38.25	650m:	8:04.81	38.36	
	100m:	1:08.51	36.46	300m:	3:38.48	37.27	500m:	6:09.75	37.82	700m:	8:42.40	37.59	
	150m:	1:45.71	37.20	350m:	4:16.34	37.86	550m:	6:48.42	38.67	750m:	9:20.94	38.54	
	200m:	2:23.41	37.70	400m:	4:53.68	37.34	600m:	7:26.45	38.03	800m:	9:57.38	36.44	
3.											<b>10:17.12</b>	<b>II</b>	<b>393</b>
	50m:	32.54	32.54	250m:	3:06.80	39.54	450m:	5:45.57	39.88	650m:	8:23.86	39.33	
	100m:	1:10.36	37.82	300m:	3:46.28	39.48	500m:	6:25.14	39.57	700m:	9:02.60	38.74	
	150m:	1:48.33	37.97	350m:	4:26.13	39.85	550m:	7:05.33	40.19	750m:	9:41.30	38.70	
	200m:	2:27.26	38.93	400m:	5:05.69	39.56	600m:	7:44.53	39.20	800m:	10:17.12	35.82	



4, , 800m , 2008

					R.T.				FINA					
4.	2008				+0,61 10:20.23 II				387					
	50m:	32.61	32.61	250m:	3:10.96	39.94	450m:	5:50.24	40.15	650m:	8:26.44	38.66		
	100m:	1:10.84	38.23	300m:	3:50.68	39.72	500m:	6:29.04	38.80	700m:	9:05.77	39.33		
	150m:	1:51.43	40.59	350m:	4:31.02	40.34	550m:	7:08.04	39.00	750m:	9:44.88	39.11		
	200m:	2:31.02	39.59	400m:	5:10.09	39.07	600m:	7:47.78	39.74	800m:	10:20.23	35.35		
5.	2008				+0,74 10:20.47 II				386					
	50m:	33.34	33.34	250m:	3:09.01	39.31	450m:	5:47.60	39.62	650m:	8:25.38	41.10		
	100m:	1:11.57	38.23	300m:	3:48.08	39.07	500m:	6:27.11	39.51	700m:	9:04.65	39.27		
	150m:	1:50.98	39.41	350m:	4:28.01	39.93	550m:	7:06.93	39.82	750m:	9:43.24	38.59		
	200m:	2:29.70	38.72	400m:	5:07.98	39.97	600m:	7:44.28	37.35	800m:	10:20.47	37.23		
6.	2008				10:25.18 II				378					
	50m:	33.20	33.20	250m:	3:10.81	40.21	450m:	5:51.29	39.52	650m:	8:32.18	39.80		
	100m:	1:11.76	38.56	300m:	3:50.88	40.07	500m:	6:31.32	40.03	700m:	9:11.98	39.80		
	150m:	1:50.74	38.98	350m:	4:31.90	41.02	550m:	7:11.85	40.53	750m:	9:50.01	38.03		
	200m:	2:30.60	39.86	400m:	5:11.77	39.87	600m:	7:52.38	40.53	800m:	10:25.18	35.17		
7.	2008				"SPN" 10:48.96 II				338					
	50m:	35.23	35.23	250m:	3:17.77	41.68	450m:	6:03.03	41.36	650m:	8:48.30	41.01		
	100m:	1:14.63	39.40	300m:	3:58.75	40.98	500m:	6:44.37	41.34	700m:	9:29.30	41.00		
	150m:	1:55.63	41.00	350m:	4:41.00	42.25	550m:	7:26.11	41.74	750m:	10:10.83	41.53		
	200m:	2:36.09	40.46	400m:	5:21.67	40.67	600m:	8:07.29	41.18	800m:	10:48.96	38.13		
8.	2008				8 +0,76 10:49.27 II				337					
	50m:	33.85	33.85	250m:	3:14.56	40.05	450m:	6:01.63	41.75	650m:	8:49.63	41.36		
	100m:	1:12.52	38.67	300m:	3:56.07	41.51	500m:	6:44.14	42.51	700m:	9:30.89	41.26		
	150m:	1:54.17	41.65	350m:	4:39.18	43.11	550m:	7:25.46	41.32	750m:	10:12.15	41.26		
	200m:	2:34.51	40.34	400m:	5:19.88	40.70	600m:	8:08.27	42.81	800m:	10:49.27	37.12		
9.	2008				10:51.54 II				334					
	50m:	35.49	35.49	250m:	3:17.73	41.30	450m:	6:04.12	42.09	650m:	8:51.04	41.71		
	100m:	1:15.00	39.51	300m:	3:59.04	41.31	500m:	6:45.29	41.17	700m:	9:32.32	41.28		
	150m:	1:55.96	40.96	350m:	4:40.77	41.73	550m:	7:27.50	42.21	750m:	10:13.73	41.41		
	200m:	2:36.43	40.47	400m:	5:22.03	41.26	600m:	8:09.33	41.83	800m:	10:51.54	37.81		
10.	2008				10:54.68 II				329					
	50m:	34.16	34.16	250m:	3:14.85	40.78	450m:	6:02.21	42.34	650m:	8:51.80	42.16		
	100m:	1:13.31	39.15	300m:	3:56.18	41.33	500m:	6:44.66	42.45	700m:	9:33.70	41.90		
	150m:	1:53.57	40.26	350m:	4:37.64	41.46	550m:	7:27.07	42.41	750m:	10:15.75	42.05		
	200m:	2:34.07	40.50	400m:	5:19.87	42.23	600m:	8:09.64	42.57	800m:	10:54.68	38.93		
11.	2008				" " 10:57.32 II				325					
	50m:	34.91	34.91	250m:	3:20.80	42.28	450m:	6:09.75	43.11	650m:	8:58.19	42.29		
	100m:	1:15.25	40.34	300m:	4:02.77	41.97	500m:	6:51.36	41.61	700m:	9:40.07	41.88		
	150m:	1:57.09	41.84	350m:	4:45.06	42.29	550m:	7:33.79	42.43	750m:	10:21.20	41.13		
	200m:	2:38.52	41.43	400m:	5:26.64	41.58	600m:	8:15.90	42.11	800m:	10:57.32	36.12		
12.	2008				+0,77 11:02.62 II				317					
	50m:	35.72	35.72	250m:	3:20.36	42.14	450m:	6:11.80	42.94	650m:	9:01.59	41.50		
	100m:	1:15.54	39.82	300m:	4:03.20	42.84	500m:	6:54.23	42.43	700m:	9:43.24	41.65		
	150m:	1:57.37	41.83	350m:	4:46.22	43.02	550m:	7:37.77	43.54	750m:	10:24.34	41.10		
	200m:	2:38.22	40.85	400m:	5:28.86	42.64	600m:	8:20.09	42.32	800m:	11:02.62	38.28		
13.	2008				11:15.30 II				300					
	50m:	36.79	36.79	250m:	3:28.59	43.44	450m:	6:22.51	43.52	650m:	9:14.40	42.41		
	100m:	1:18.93	42.14	300m:	4:11.40	42.81	500m:	7:04.52	42.01	700m:	9:55.86	41.46		
	150m:	2:02.96	44.03	350m:	4:55.24	43.84	550m:	7:49.02	44.50	750m:	10:38.24	42.38		
	200m:	2:45.15	42.19	400m:	5:38.99	43.75	600m:	8:31.99	42.97	800m:	11:15.30	37.06		
14.	2008				+0,66 11:21.02 III				292					
	50m:	35.50	35.50	250m:	3:26.65	43.65	450m:	6:20.91	43.86	650m:	9:15.96	43.74		
	100m:	1:16.40	40.90	300m:	4:10.24	43.59	500m:	7:05.16	44.25	700m:	9:59.95	43.99		
	150m:	1:58.71	42.31	350m:	4:53.50	43.26	550m:	7:48.62	43.46	750m:	10:41.60	41.65		
	200m:	2:43.00	44.29	400m:	5:37.05	43.55	600m:	8:32.22	43.60	800m:	11:21.02	39.42		
15.	2008				8 11:21.35 III				292					
	50m:	34.51	34.51	250m:	3:23.14	43.31	450m:	6:19.88	44.42	650m:	9:14.55	43.40		
	100m:	1:14.92	40.41	300m:	4:07.17	44.03	500m:	7:04.88	45.00	700m:	9:58.09	43.54		
	150m:	1:57.03	42.11	350m:	4:50.61	43.44	550m:	7:47.47	42.59	750m:	10:41.37	43.28		
	200m:	2:39.83	42.80	400m:	5:35.46	44.85	600m:	8:31.15	43.68	800m:	11:21.35	39.98		





4, , 800m , 2008

							R.T.		FINA			
16.			2008		-		"SPN" 11:24.44		III	288		
	50m:	34.68	34.68	250m:	3:24.72	43.03	450m:	6:21.02	44.61	650m:	9:16.87	43.45
	100m:	1:15.85	41.17	300m:	4:08.46	43.74	500m:	7:05.26	44.24	700m:	10:00.50	43.63
	150m:	1:58.08	42.23	350m:	4:52.27	43.81	550m:	7:49.20	43.94	750m:	10:43.04	42.54
	200m:	2:41.69	43.61	400m:	5:36.41	44.14	600m:	8:33.42	44.22	800m:	11:24.44	41.40
17.			2008		-		" " 11:29.12		III	282		
	50m:	36.41	36.41	250m:	3:27.30	44.01	450m:	6:25.64	45.18	650m:	9:21.78	44.42
	100m:	1:16.93	40.52	300m:	4:11.14	43.84	500m:	7:09.74	44.10	700m:	10:04.55	42.77
	150m:	2:00.12	43.19	350m:	4:55.92	44.78	550m:	7:53.85	44.11	750m:	10:47.46	42.91
	200m:	2:43.29	43.17	400m:	5:40.46	44.54	600m:	8:37.36	43.51	800m:	11:29.12	41.66
18.			2008		-		+0,90 11:31.44		III	279		
	50m:	36.48	36.48	250m:	3:29.25	43.45	450m:	6:26.48	44.69	650m:	9:24.23	44.93
	100m:	1:18.37	41.89	300m:	4:13.81	44.56	500m:	7:10.63	44.15	700m:	10:08.09	43.86
	150m:	2:01.93	43.56	350m:	4:57.40	43.59	550m:	7:54.97	44.34	750m:	10:51.80	43.71
	200m:	2:45.80	43.87	400m:	5:41.79	44.39	600m:	8:39.30	44.33	800m:	11:31.44	39.64
19.			2008		-		" " +0,62 11:33.47		III	277		
	50m:	35.49	35.49	250m:	3:31.14	44.42	450m:	6:29.51	44.84	650m:	9:25.24	43.62
	100m:	1:17.81	42.32	300m:	4:15.31	44.17	500m:	7:13.52	44.01	700m:	10:09.45	44.21
	150m:	2:01.82	44.01	350m:	5:00.37	45.06	550m:	7:58.55	45.03	750m:	10:53.74	44.29
	200m:	2:46.72	44.90	400m:	5:44.67	44.30	600m:	8:41.62	43.07	800m:	11:33.47	39.73
20.			2008		-		11:36.64		III	273		
	50m:	36.98	36.98	250m:	3:33.14	44.68	450m:	6:30.83	43.61	650m:	9:28.95	43.61
	100m:	1:19.53	42.55	300m:	4:18.22	45.08	500m:	7:15.95	45.12	700m:	10:13.83	44.88
	150m:	2:03.34	43.81	350m:	5:02.77	44.55	550m:	8:00.44	44.49	750m:	10:56.22	42.39
	200m:	2:48.46	45.12	400m:	5:47.22	44.45	600m:	8:45.34	44.90	800m:	11:36.64	40.42
21.			2008		-		" " 11:37.26		III	272		
	50m:	35.84	35.84	250m:	3:31.24	44.10	450m:	6:30.58	44.66	650m:	9:28.01	44.59
	100m:	1:18.40	42.56	300m:	4:15.80	44.56	500m:	7:14.74	44.16	700m:	10:11.72	43.71
	150m:	2:02.63	44.23	350m:	5:01.40	45.60	550m:	7:59.38	44.64	750m:	10:55.50	43.78
	200m:	2:47.14	44.51	400m:	5:45.92	44.52	600m:	8:43.42	44.04	800m:	11:37.26	41.76
22.			2008		"		" 11:39.83		III	269		
	50m:	37.70	37.70	250m:	3:35.79	43.72	450m:	6:34.06	43.97	650m:	9:36.57	45.70
	100m:	1:22.42	44.72	300m:	4:20.56	44.77	500m:	7:19.27	45.21	700m:	10:19.93	43.36
	150m:	2:07.35	44.93	350m:	5:05.50	44.94	550m:	8:04.56	45.29	750m:	11:02.41	42.48
	200m:	2:52.07	44.72	400m:	5:50.09	44.59	600m:	8:50.87	46.31	800m:	11:39.83	37.42
23.			2008		-		" " +0,55 11:44.67		III	264		
	50m:	36.27	36.27	250m:	3:29.46	44.54	450m:	6:32.24	46.45	650m:	9:34.15	45.20
	100m:	1:18.71	42.44	300m:	4:14.57	45.11	500m:	7:17.72	45.48	700m:	10:18.78	44.63
	150m:	2:01.10	42.39	350m:	5:00.21	45.64	550m:	8:02.98	45.26	750m:	11:02.52	43.74
	200m:	2:44.92	43.82	400m:	5:45.79	45.58	600m:	8:48.95	45.97	800m:	11:44.67	42.15
24.			2008		-		+0,77 11:48.96		III	259		
	50m:	36.67	36.67	250m:	3:35.04	45.77	450m:	6:33.84	45.34	650m:	9:36.17	45.91
	100m:	1:19.99	43.32	300m:	4:19.98	44.94	500m:	7:18.87	45.03	700m:	10:21.30	45.13
	150m:	2:04.25	44.26	350m:	5:04.01	44.03	550m:	8:04.73	45.86	750m:	11:06.25	44.95
	200m:	2:49.27	45.02	400m:	5:48.50	44.49	600m:	8:50.26	45.53	800m:	11:48.96	42.71
25.			2008		-		+0,63 12:02.60		III	244		
	50m:	36.00	36.00	250m:	3:36.00	47.45	450m:	6:43.12	47.21	650m:	9:52.77	47.66
	100m:	1:19.03	43.03	300m:	4:21.63	45.63	500m:	7:30.16	47.04	700m:	10:36.32	43.55
	150m:	2:03.62	44.59	350m:	5:08.02	46.39	550m:	8:17.54	47.38	750m:	11:23.03	46.71
	200m:	2:48.55	44.93	400m:	5:55.91	47.89	600m:	9:05.11	47.57	800m:	12:02.60	39.57
26.			2008		-		"SPN" 12:11.05		III	236		
	50m:	40.31	40.31	250m:	3:42.15	45.29	450m:	6:47.41	46.72	650m:	9:55.75	48.14
	100m:	1:24.30	43.99	300m:	4:27.92	45.77	500m:	7:33.07	45.66	700m:	10:41.51	45.76
	150m:	2:10.91	46.61	350m:	5:13.96	46.04	550m:	8:21.13	48.06	750m:	11:27.93	46.42
	200m:	2:56.86	45.95	400m:	6:00.69	46.73	600m:	9:07.61	46.48	800m:	12:11.05	43.12
27.			2008		-		" " +0,65 12:46.71		I	205		
	50m:	37.57	37.57	250m:	3:48.64	49.40	450m:	7:02.07	47.74	650m:	10:18.54	50.56
	100m:	1:22.01	44.44	300m:	4:36.83	48.19	500m:	7:49.60	47.53	700m:	11:07.13	48.59
	150m:	2:10.77	48.76	350m:	5:26.40	49.57	550m:	8:39.69	50.09	750m:	11:57.88	50.75
	200m:	2:59.24	48.47	400m:	6:14.33	47.93	600m:	9:27.98	48.29	800m:	12:46.71	48.83





4, , 800m , 2008

							R.T.				FINA
28.	2008						<b>+0,95 12:54.91</b>				<b>I 198</b>
	50m: 40.59	40.59	250m: 3:55.42	48.52	450m: 7:14.64	50.63	650m: 10:33.80	49.24			
	100m: 1:28.46	47.87	300m: 4:45.61	50.19	500m: 8:05.85	51.21	700m: 11:21.55	47.75			
	150m: 2:17.50	49.04	350m: 5:33.89	48.28	550m: 8:54.96	49.11	750m: 12:10.09	48.54			
	200m: 3:06.90	49.40	400m: 6:24.01	50.12	600m: 9:44.56	49.60	800m: 12:54.91	44.82			
29.	2008						<b>"SPN" 13:25.39</b>				<b>I 176</b>
	50m: 42.92	42.92	250m: 4:05.99	51.77	450m: 7:34.62	52.44	650m: 11:01.46	51.91			
	100m: 1:31.56	48.64	300m: 4:56.98	50.99	500m: 8:25.98	51.36	700m: 11:52.17	50.71			
	150m: 2:22.65	51.09	350m: 5:49.34	52.36	550m: 9:19.01	53.03	750m: 12:41.63	49.46			
	200m: 3:14.22	51.57	400m: 6:42.18	52.84	600m: 10:09.55	50.54	800m: 13:25.39	43.76			
30.	2008						<b>"SPT+0,65 13:44.65</b>				<b>I 164</b>
	50m: 41.67	41.67	250m: 4:03.86	49.52	450m: 7:36.19	52.99	650m: 11:06.24	50.95			
	100m: 1:30.95	49.28	300m: 4:57.30	53.44	500m: 8:30.26	54.07	700m: 11:55.76	49.52			
	150m: 2:22.57	51.62	350m: 5:49.95	52.65	550m: 9:22.72	52.46	750m: 12:52.21	56.45			
	200m: 3:14.34	51.77	400m: 6:43.20	53.25	600m: 10:15.29	52.57	800m: 13:44.65	52.44			

2009

1.	2009						<b>9:45.54</b>				<b>II 460</b>
	50m: 31.86	31.86	250m: 3:00.75	37.59	450m: 5:29.38	37.34	650m: 7:58.71	37.18			
	100m: 1:08.45	36.59	300m: 3:37.56	36.81	500m: 6:06.10	36.72	700m: 8:35.95	37.24			
	150m: 1:45.61	37.16	350m: 4:14.72	37.16	550m: 6:45.01	38.91	750m: 9:12.97	37.02			
	200m: 2:23.16	37.55	400m: 4:52.04	37.32	600m: 7:21.53	36.52	800m: 9:45.54	32.57			
2.	2009						<b>+0,86 10:32.37</b>				<b>II 365</b>
	50m: 35.69	35.69	250m: 3:13.29	39.68	450m: 5:52.69	40.02	650m: 8:35.64	40.61			
	100m: 1:15.30	39.61	300m: 3:53.04	39.75	500m: 6:33.45	40.76	700m: 9:16.23	40.59			
	150m: 1:54.07	38.77	350m: 4:32.48	39.44	550m: 7:13.97	40.52	750m: 9:53.81	37.58			
	200m: 2:33.61	39.54	400m: 5:12.67	40.19	600m: 7:55.03	41.06	800m: 10:32.37	38.56			
3.	2009						<b>+0,85 11:02.99</b>				<b>II 317</b>
	50m: 34.01	34.01	250m: 3:17.65	41.49	450m: 6:09.36	43.56	650m: 9:00.30	42.89			
	100m: 1:14.39	40.38	300m: 4:00.17	42.52	500m: 6:52.31	42.95	700m: 9:42.72	42.42			
	150m: 1:54.74	40.35	350m: 4:42.89	42.72	550m: 7:34.94	42.63	750m: 10:24.15	41.43			
	200m: 2:36.16	41.42	400m: 5:25.80	42.91	600m: 8:17.41	42.47	800m: 11:02.99	38.84			
4.	2009						<b>+0,64 11:16.27</b>				<b>II 298</b>
	50m: 37.19	37.19	250m: 3:28.47	43.06	450m: 6:20.64	43.98	650m: 9:14.89	42.46			
	100m: 1:18.51	41.32	300m: 4:11.10	42.63	500m: 7:03.83	43.19	700m: 9:56.52	41.63			
	150m: 2:02.14	43.63	350m: 4:54.04	42.94	550m: 7:48.26	44.43	750m: 10:37.52	41.00			
	200m: 2:45.41	43.27	400m: 5:36.66	42.62	600m: 8:32.43	44.17	800m: 11:16.27	38.75			
5.	2009						<b>+0,74 11:16.70</b>				<b>II 298</b>
	50m: 35.77	35.77	250m: 3:25.23	42.51	450m: 6:19.25	43.05	650m: 9:11.26	42.52			
	100m: 1:16.57	40.80	300m: 4:09.18	43.95	500m: 7:02.68	43.43	700m: 9:54.39	43.13			
	150m: 1:59.03	42.46	350m: 4:52.47	43.29	550m: 7:45.60	42.92	750m: 10:35.70	41.31			
	200m: 2:42.72	43.69	400m: 5:36.20	43.73	600m: 8:28.74	43.14	800m: 11:16.70	41.00			
6.	2009						<b>"SPT+0,75 11:17.58</b>				<b>II 297</b>
	50m: 36.53	36.53	250m: 3:26.25	43.09	450m: 6:20.80	42.78	650m: 9:12.77	42.22			
	100m: 1:18.24	41.71	300m: 4:10.21	43.96	500m: 7:04.44	43.64	700m: 9:55.78	43.01			
	150m: 1:59.49	41.25	350m: 4:53.57	43.36	550m: 7:46.67	42.23	750m: 10:37.45	41.67			
	200m: 2:43.16	43.67	400m: 5:38.02	44.45	600m: 8:30.55	43.88	800m: 11:17.58	40.13			
7.	2009						<b>+0,79 11:21.62</b>				<b>III 291</b>
	50m: 35.73	35.73	250m: 3:27.24	43.50	450m: 6:24.44	44.84	650m: 9:19.28	43.91			
	100m: 1:17.25	41.52	300m: 4:11.32	44.08	500m: 7:08.31	43.87	700m: 10:01.53	42.25			
	150m: 2:00.42	43.17	350m: 4:55.71	44.39	550m: 7:53.19	44.88	750m: 10:44.14	42.61			
	200m: 2:43.74	43.32	400m: 5:39.60	43.89	600m: 8:35.37	42.18	800m: 11:21.62	37.48			
8.	2009						<b>11:26.63</b>				<b>III 285</b>
	50m: 37.10	37.10	250m: 3:30.48	44.20	450m: 6:24.98	44.64	650m: 9:20.77	44.38			
	100m: 1:19.85	42.75	300m: 4:13.17	42.69	500m: 7:08.44	43.46	700m: 10:04.21	43.44			
	150m: 2:03.33	43.48	350m: 4:57.05	43.88	550m: 7:53.14	44.70	750m: 10:47.21	43.00			
	200m: 2:46.28	42.95	400m: 5:40.34	43.29	600m: 8:36.39	43.25	800m: 11:26.63	39.42			





4, , 800m , 2009

					R.T.				FINA
9.	2009				<b>11:39.98</b>				III 269
	50m: 38.27	38.27	250m: 3:36.42	43.77	450m: 6:32.34	43.57	650m: 9:29.73	43.77	
	100m: 1:22.71	44.44	300m: 4:20.61	44.19	500m: 7:17.16	44.82	700m: 10:14.10	44.37	
	150m: 2:07.78	45.07	350m: 5:04.30	43.69	550m: 8:01.29	44.13	750m: 10:58.07	43.97	
	200m: 2:52.65	44.87	400m: 5:48.77	44.47	600m: 8:45.96	44.67	800m: 11:39.98	41.91	
10.	2009				<b>+0,83 11:48.98</b>				III 259
	50m: 38.20	38.20	250m: 3:35.95	44.92	450m: 6:39.87	45.62	650m: 9:44.19	45.59	
	100m: 1:21.44	43.24	300m: 4:22.19	46.24	500m: 7:26.96	47.09	700m: 10:29.96	45.77	
	150m: 2:05.91	44.47	350m: 5:08.16	45.97	550m: 8:12.64	45.68	750m: 11:14.20	44.24	
	200m: 2:51.03	45.12	400m: 5:54.25	46.09	600m: 8:58.60	45.96	800m: 11:48.98	34.78	
11.	2009				<b>12:00.46</b>				III 247
	50m: 39.35	39.35	250m: 3:40.73	45.52	450m: 6:45.77	45.52	650m: 9:46.20	44.98	
	100m: 1:23.62	44.27	300m: 4:27.10	46.37	500m: 7:30.24	44.47	700m: 10:31.94	45.74	
	150m: 2:09.06	45.44	350m: 5:13.10	46.00	550m: 8:15.41	45.17	750m: 11:16.20	44.26	
	200m: 2:55.21	46.15	400m: 6:00.25	47.15	600m: 9:01.22	45.81	800m: 12:00.46	44.26	
12.	2009				<b>"SPT+0,77 12:34.97</b>				III 214
	50m: 40.30	40.30	250m: 3:52.45	47.80	450m: 7:04.04	48.92	650m: 10:14.31	49.11	
	100m: 1:28.46	48.16	300m: 4:40.05	47.60	500m: 7:49.67	45.63	700m: 11:02.02	47.71	
	150m: 2:18.04	49.58	350m: 5:28.71	48.66	550m: 8:38.68	49.01	750m: 11:49.09	47.07	
	200m: 3:04.65	46.61	400m: 6:15.12	46.41	600m: 9:25.20	46.52	800m: 12:34.97	45.88	
13.	2009				<b>+0,70 12:36.99</b>				III 213
	50m: 38.88	38.88	250m: 3:45.12	47.56	450m: 6:59.41	48.69	650m: 10:16.88	50.24	
	100m: 1:24.79	45.91	300m: 4:32.60	47.48	500m: 7:47.54	48.13	700m: 11:04.91	48.03	
	150m: 2:11.16	46.37	350m: 5:22.79	50.19	550m: 8:36.32	48.78	750m: 11:53.56	48.65	
	200m: 2:57.56	46.40	400m: 6:10.72	47.93	600m: 9:26.64	50.32	800m: 12:36.99	43.43	
14.	2009				<b>"SPN" 13:10.25</b>				I 187
	50m: 42.22	42.22	250m: 4:04.05	49.86	450m: 7:27.13	49.68	650m: 10:45.23	47.68	
	100m: 1:32.35	50.13	300m: 4:55.42	51.37	500m: 8:18.60	51.47	700m: 11:36.05	50.82	
	150m: 2:22.30	49.95	350m: 5:45.84	50.42	550m: 9:06.79	48.19	750m: 12:23.80	47.75	
	200m: 3:14.19	51.89	400m: 6:37.45	51.61	600m: 9:57.55	50.76	800m: 13:10.25	46.45	

2010

1.	2010				<b>+0,57 11:09.50</b>				II 307
	50m: 36.20	36.20	250m: 3:26.35	42.36	450m: 6:16.30	42.11	650m: 9:08.78	43.65	
	100m: 1:18.99	42.79	300m: 4:09.40	43.05	500m: 6:58.88	42.58	700m: 9:51.02	42.24	
	150m: 2:00.97	41.98	350m: 4:51.38	41.98	550m: 7:42.76	43.88	750m: 10:31.92	40.90	
	200m: 2:43.99	43.02	400m: 5:34.19	42.81	600m: 8:25.13	42.37	800m: 11:09.50	37.58	
2.	2010				<b>11:20.04</b>				III 293
	50m: 36.04	36.04	250m: 3:27.64	43.52	450m: 6:20.82	43.27	650m: 9:14.03	43.58	
	100m: 1:17.92	41.88	300m: 4:11.41	43.77	500m: 7:03.53	42.71	700m: 9:58.20	44.17	
	150m: 2:01.07	43.15	350m: 4:54.67	43.26	550m: 7:46.55	43.02	750m: 10:40.14	41.94	
	200m: 2:44.12	43.05	400m: 5:37.55	42.88	600m: 8:30.45	43.90	800m: 11:20.04	39.90	
3.	2010				<b>8 11:28.58</b>				III 283
	50m: 37.77	37.77	250m: 3:33.96	44.35	450m: 6:29.93	43.72	650m: 9:23.23	43.49	
	100m: 1:22.50	44.73	300m: 4:17.76	43.80	500m: 7:13.02	43.09	700m: 10:07.42	44.19	
	150m: 2:05.70	43.20	350m: 5:01.63	43.87	550m: 7:56.61	43.59	750m: 10:49.64	42.22	
	200m: 2:49.61	43.91	400m: 5:46.21	44.58	600m: 8:39.74	43.13	800m: 11:28.58	38.94	
4.	2010				<b>11:30.66</b>				III 280
	50m: 36.74	36.74	250m: 3:28.87	43.19	450m: 6:23.80	44.57	650m: 9:20.13	45.32	
	100m: 1:19.21	42.47	300m: 4:12.64	43.77	500m: 7:07.47	43.67	700m: 10:04.01	43.88	
	150m: 2:02.31	43.10	350m: 4:55.44	42.80	550m: 7:51.55	44.08	750m: 10:48.73	44.72	
	200m: 2:45.68	43.37	400m: 5:39.23	43.79	600m: 8:34.81	43.26	800m: 11:30.66	41.93	
5.	2010				<b>11:31.00</b>				III 280
	50m: 37.76	37.76	250m: 3:32.20	43.05	450m: 6:26.50	41.73	650m: 9:26.10	44.77	
	100m: 1:21.84	44.08	300m: 4:16.58	44.38	500m: 7:11.38	44.88	700m: 10:10.40	44.30	
	150m: 2:04.62	42.78	350m: 5:01.14	44.56	550m: 7:56.34	44.96	750m: 10:52.55	42.15	
	200m: 2:49.15	44.53	400m: 5:44.77	43.63	600m: 8:41.33	44.99	800m: 11:31.00	38.45	





4, , 800m , 2010

					R.T.				FINA
6.	2010				"SPN" 11:32.35 III				278
	50m: 39.40	39.40	250m: 3:36.57	43.59	450m: 6:32.53	44.25	650m: 9:26.76	42.90	
	100m: 1:24.35	44.95	300m: 4:20.51	43.94	500m: 7:15.76	43.23	700m: 10:10.18	43.42	
	150m: 2:08.54	44.19	350m: 5:04.21	43.70	550m: 7:59.44	43.68	750m: 10:52.36	42.18	
	200m: 2:52.98	44.44	400m: 5:48.28	44.07	600m: 8:43.86	44.42	800m: 11:32.35	39.99	
7.	2010				11:47.87 III				260
	50m: 37.85	37.85	250m: 3:37.39	44.94	450m: 6:37.43	45.28	650m: 9:35.90	44.88	
	100m: 1:22.13	44.28	300m: 4:21.66	44.27	500m: 7:21.82	44.39	700m: 10:20.35	44.45	
	150m: 2:07.31	45.18	350m: 5:07.44	45.78	550m: 8:06.52	44.70	750m: 11:05.54	45.19	
	200m: 2:52.45	45.14	400m: 5:52.15	44.71	600m: 8:51.02	44.50	800m: 11:47.87	42.33	
8.	2010				11:52.86 III				255
	50m: 35.55	35.55	250m: 3:33.86	45.80	450m: 6:36.13	45.80	650m: 9:38.77	45.41	
	100m: 1:18.83	43.28	300m: 4:18.92	45.06	500m: 7:21.56	45.43	700m: 10:23.40	44.63	
	150m: 2:03.15	44.32	350m: 5:04.89	45.97	550m: 8:07.49	45.93	750m: 11:08.77	45.37	
	200m: 2:48.06	44.91	400m: 5:50.33	45.44	600m: 8:53.36	45.87	800m: 11:52.86	44.09	
9.	2010				12:03.30 III				244
	50m: 37.12	37.12	250m: 3:40.24	46.79	450m: 6:44.68	46.27	650m: 9:47.96	46.53	
	100m: 1:22.96	45.84	300m: 4:25.03	44.79	500m: 7:29.88	45.20	700m: 10:33.26	45.30	
	150m: 2:08.74	45.78	350m: 5:11.74	46.71	550m: 8:16.22	46.34	750m: 11:20.37	47.11	
	200m: 2:53.45	44.71	400m: 5:58.41	46.67	600m: 9:01.43	45.21	800m: 12:03.30	42.93	
10.	2010				"SPT+0,79 12:14.79 III				232
	50m: 41.08	41.08	250m: 3:51.24	45.36	450m: 6:58.84	45.76	650m: 10:02.42	45.86	
	100m: 1:28.21	47.13	300m: 4:38.98	47.74	500m: 7:45.02	46.18	700m: 10:47.47	45.05	
	150m: 2:16.65	48.44	350m: 5:25.78	46.80	550m: 8:31.15	46.13	750m: 11:32.98	45.51	
	200m: 3:05.88	49.23	400m: 6:13.08	47.30	600m: 9:16.56	45.41	800m: 12:14.79	41.81	
11.	2010				12:23.05 III				225
	50m: 39.39	39.39	250m: 3:45.71	47.71	450m: 6:57.19	47.64	650m: 10:05.84	48.03	
	100m: 1:25.79	46.40	300m: 4:33.61	47.90	500m: 7:44.47	47.28	700m: 10:51.87	46.03	
	150m: 2:12.30	46.51	350m: 5:21.98	48.37	550m: 8:31.85	47.38	750m: 11:38.23	46.36	
	200m: 2:58.00	45.70	400m: 6:09.55	47.57	600m: 9:17.81	45.96	800m: 12:23.05	44.82	
12.	2010				"SPN" 12:38.82 III				211
	50m: 41.18	41.18	250m: 3:54.17	47.49	450m: 7:06.32	47.67	650m: 10:18.48	47.82	
	100m: 1:29.18	48.00	300m: 4:42.61	48.44	500m: 7:54.59	48.27	700m: 11:07.03	48.55	
	150m: 2:17.99	48.81	350m: 5:29.85	47.24	550m: 8:42.33	47.74	750m: 11:52.91	45.88	
	200m: 3:06.68	48.69	400m: 6:18.65	48.80	600m: 9:30.66	48.33	800m: 12:38.82	45.91	
13.	2010				12:43.28 I				207
	50m: 39.37	39.37	250m: 3:50.17	48.31	450m: 7:01.53	47.95	650m: 10:14.67	49.19	
	100m: 1:26.09	46.72	300m: 4:35.64	45.47	500m: 7:48.52	46.99	700m: 11:03.66	48.99	
	150m: 2:14.45	48.36	350m: 5:24.95	49.31	550m: 8:36.56	48.04	750m: 11:54.68	51.02	
	200m: 3:01.86	47.41	400m: 6:13.58	48.63	600m: 9:25.48	48.92	800m: 12:43.28	48.60	
14.	2010				13:12.27 I				185
	50m: 41.46	41.46	250m: 4:03.49	49.82	450m: 7:26.93	50.64	650m: 10:48.08	48.11	
	100m: 1:32.87	51.41	300m: 4:55.23	51.74	500m: 8:18.81	51.88	700m: 11:38.23	50.15	
	150m: 2:23.02	50.15	350m: 5:45.25	50.02	550m: 9:07.03	48.22	750m: 12:27.58	49.35	
	200m: 3:13.67	50.65	400m: 6:36.29	51.04	600m: 9:59.97	52.94	800m: 13:12.27	44.69	
15.	2010				13:16.57 I				182
	50m: 42.23	42.23	250m: 4:05.94	51.43	450m: 7:28.92	51.70	650m: 10:49.13	48.81	
	100m: 1:32.34	50.11	300m: 4:56.78	50.84	500m: 8:18.99	50.07	700m: 11:38.59	49.46	
	150m: 2:24.12	51.78	350m: 5:47.02	50.24	550m: 9:09.48	50.49	750m: 12:28.63	50.04	
	200m: 3:14.51	50.39	400m: 6:37.22	50.20	600m: 10:00.32	50.84	800m: 13:16.57	47.94	
16.	2010				13:47.52 I				163
	50m: 44.51	44.51	250m: 4:15.91	54.17	450m: 7:45.65	52.13	650m: 11:16.10	52.29	
	100m: 1:36.70	52.19	300m: 5:08.59	52.68	500m: 8:39.35	53.70	700m: 12:08.08	51.98	
	150m: 2:28.67	51.97	350m: 6:00.98	52.39	550m: 9:31.85	52.50	750m: 12:57.66	49.58	
	200m: 3:21.74	53.07	400m: 6:53.52	52.54	600m: 10:23.81	51.96	800m: 13:47.52	49.86	
17.	2010				15:57.37 II				105
	50m: 46.20	46.20	250m: 4:47.63	1:00.94	450m: 8:50.71	1:00.36	650m: 12:50.79	58.07	
	100m: 1:44.59	58.39	300m: 5:47.36	59.73	500m: 9:49.27	58.56	700m: 13:50.75	59.96	
	150m: 2:46.14	1:01.55	350m: 6:48.60	1:01.24	550m: 10:50.85	1:01.58	750m: 14:58.48	1:07.73	
	200m: 3:46.69	1:00.55	400m: 7:50.35	1:01.75	600m: 11:52.72	1:01.87	800m: 15:57.37	58.89	







4, , 800m

2011

1.			2011						<b>11:58.50</b>	III	249	
	50m:	40.00	40.00	250m:	3:42.13	46.65	450m:	6:45.86	46.24	650m:	9:49.12	46.02
	100m:	1:24.16	44.16	300m:	4:27.17	45.04	500m:	7:31.70	45.84	700m:	10:32.44	43.32
	150m:	2:10.04	45.88	350m:	5:13.60	46.43	550m:	8:18.00	46.30	750m:	11:16.57	44.13
	200m:	2:55.48	45.44	400m:	5:59.62	46.02	600m:	9:03.10	45.10	800m:	11:58.50	41.93
2.			2011						<b>12:25.08</b>	III	223	
	50m:	40.65	40.65	250m:	3:47.36	47.12	450m:	6:55.79	47.15	650m:	10:04.39	47.53
	100m:	1:26.45	45.80	300m:	4:34.41	47.05	500m:	7:43.14	47.35	700m:	10:52.59	48.20
	150m:	2:12.66	46.21	350m:	5:21.34	46.93	550m:	8:30.00	46.86	750m:	11:38.38	45.79
	200m:	3:00.24	47.58	400m:	6:08.64	47.30	600m:	9:16.86	46.86	800m:	12:25.08	46.70
3.			2011						<b>13:15.80</b>	I	183	
	50m:	43.60	43.60	250m:	4:03.70	50.72	450m:	7:26.09	51.75	650m:	10:50.32	51.95
	100m:	1:32.24	48.64	300m:	4:53.79	50.09	500m:	8:16.50	50.41	700m:	11:39.55	49.23
	150m:	2:22.44	50.20	350m:	5:44.62	50.83	550m:	9:08.39	51.89	750m:	12:29.25	49.70
	200m:	3:12.98	50.54	400m:	6:34.34	49.72	600m:	9:58.37	49.98	800m:	13:15.80	46.55
4.			2011						<b>13:25.89</b>	I	176	
	50m:	42.68	42.68	250m:	4:04.92	50.44	450m:	7:32.44	51.61	650m:	10:59.46	51.49
	100m:	1:32.23	49.55	300m:	4:56.89	51.97	500m:	8:23.58	51.14	700m:	11:51.60	52.14
	150m:	2:22.95	50.72	350m:	5:50.36	53.47	550m:	9:16.18	52.60	750m:	12:38.64	47.04
	200m:	3:14.48	51.53	400m:	6:40.83	50.47	600m:	10:07.97	51.79	800m:	13:25.89	47.25
5.			2011						<b>13:30.99</b>	I	173	
	50m:	43.48	43.48	250m:	4:07.18	51.79	450m:	7:36.61	50.55	650m:	11:06.04	51.09
	100m:	1:32.38	48.90	300m:	5:00.54	53.36	500m:	8:30.05	53.44	700m:	11:59.52	53.48
	150m:	2:23.07	50.69	350m:	5:52.21	51.67	550m:	9:22.66	52.61	750m:	12:43.66	44.14
	200m:	3:15.39	52.32	400m:	6:46.06	53.85	600m:	10:14.95	52.29	800m:	13:30.99	47.33
6.			2011						<b>+0,57 13:42.72</b>	I	165	
	50m:	39.65	39.65	250m:	4:13.76	55.06	450m:	7:48.22	53.95	650m:	11:16.54	50.73
	100m:	1:30.71	51.06	300m:	5:06.50	52.74	500m:	8:41.50	53.28	700m:	12:06.72	50.18
	150m:	2:24.45	53.74	350m:	6:01.23	54.73	550m:	9:32.75	51.25	750m:	12:57.52	50.80
	200m:	3:18.70	54.25	400m:	6:54.27	53.04	600m:	10:25.81	53.06	800m:	13:42.72	45.20
DSQ			2011							I		

